



Instruction - Guiding - Coaching
JB Mountain Skills
Climbing - Mountaineering - Qualifications

Learn to Lead Climb Course

This course aims to give people who have tried climbing the necessary skills to start lead rock climbing. We'll be spending full days on the crag learning lots of new skills and also climbing some awesome routes.

North Wales is the perfect place for this course as it offers easily accessible, brilliant rock climbing. We have everything from mountain crags in the Llanberis Pass to sea cliff crags at Gogarth and we can normally find something dry.

WARNING!

This course will lead you down the slippery slope of becoming an addicted climber!

We will cover subjects such as:

- Route choice including guidebooks - Route finding
- Movement techniques
- Placing trad gear

- Building belays
- Abseiling
- The head game....
- Good decision making
- Emergency procedures
- Kit choice
- Loads of climbing!

The course is based in the Llanberis area and we normally meet in Caban Cafe 0900 on day one.

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