



*Instruction - Guiding - Coaching*  
**JB Mountain Skills**  
*Climbing - Mountaineering - Qualifications*

## **Mountain Leader Assessment 5 days**

The Mountain Leader scheme is designed for people who want to lead groups in the mountains, in non winter conditions. If you love being out in the mountains and want to share your enthusiasm with others, become a Mountain Leader and you'll never look back (unless you're checking your group's still there!).

We have years of experience delivering ML courses, and make sure you have a great time whilst learning loads, even on assessment!

To attend an assessment course:

- You must have attended an approved ML training course (or been granted exemption)
- You must have logged a minimum of 40 Quality Mountain Days in three different regions of the UK and Ireland
- You must hold a current first aid certificate, minimum 16 hours and relevant to your work as a Mountain Leader

- You must have logged at least 8 nights camping, including at least 4 wild camps

To view the ML syllabus, follow this link to [Mountain Training](#).

Course outline:

Day 1. Mountain day 1 with a focus on navigation, home paper review

Day 2. Mountain day 2 with a focus on security on steep ground

Day 3,4 & 5. Expedition looking at navigation, leadership, camp craft, poor visibility navigation and river crossings

At the end of the expedition full individual debriefs will be given.

There will be discussions on weather, access, conservation and legal responsibilities.

The course is based in Caban Cafe (0900 on day1), Brynrefail and is non residential.

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