

## Instruction - Guiding - Coaching JB Mountain Skills Climbing - Mountaineering - Qualifications

## **Climbing Course Kit List**

Here's a list of equipment, we can lend out all the technical climbing kit except rock shoes. The links provided are suitable items, but there are many other brands and models available! We can discuss all things kit on the course...

- Harness
- Helmet
- Rock shoes
- Chalk bag & chalk
- Screwgates x 7
- Slings 2 x 120cm, 1 x 240cm
- Belay device
- Nut Key
- Rope
- Nuts & hexes
- Cams

- Quickdraws
- Rucksack
- Clothing to stay warm and dry
- Food and drink
- Personal first aid kit

## Jez Brown, MCI & WML www.jbmountainskills.co.uk jbmountainskills@gmail.com 07772 769582 Porthor, Cwm y Glo, Gwynedd, LL55 4DW





