



Instruction - Guiding - Coaching
JB Mountain Skills
Climbing - Mountaineering - Qualifications

Mountain Leader Training 6 days

The Mountain Leader scheme is designed for people who want to lead groups in the mountains, in non winter conditions. If you love being out in the mountains and want to share your enthusiasm with others, become a Mountain Leader and you'll never look back (unless you're checking your group's still there!).

We have years of experience delivering ML courses, and make sure you have a great time whilst learning loads!

To register with Mountain Training and attend a training course:

- You must be at least 18 years old
- You should have at least a year's worth of experience of mountain walking
- You should have an interest in leading groups in the mountains
- You must be a member of a mountaineering council: BMC, Mountaineering Scotland or Mountaineering Ireland (you can join one when you register if you're not already a member)
- You must have recorded a minimum of 20 Quality Mountain Days (ideally on DLOG) which can have taken place at any point (pre or post registration)

To register, follow this link to [Mountain Training](#).

Course outline:

Day 1. Intro to the ML scheme and intro to mountain navigation

Day 2. Mountain day 1, navigation and group management

Day 3. Intro to security on steep ground inc. the use of the rope and emergencies

Day 4. Mountain day 2, group management on steep ground

Day 5. Expedition day 1, to include a wild camp and night navigation

Day 6. Expedition day 2, continuation of exped, river crossings and debrief

There will be discussions on weather, access, conservation and legal responsibilities.

The course is based at Caban Cafe (0900 on day 1), Brynrefail and is non residential.

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