



*Instruction - Guiding - Coaching*  
**JB Mountain Skills**  
*Climbing - Mountaineering - Qualifications*

### **Rock Climbing Instructor Training Kit List**

This is not an exhaustive list

- Harness
- Helmet
- Rock Shoes
- Belay device & screw gate karabiner
- 2 x Prusik cords 120cm sling & screw gate karabiner
- Any other rack that you have
- 50m Dynamic Rope
- Static Rope (if you have one)
- Rucksack
- Appropriate footwear
- Waterproof jacket & trousers
- Warm layers Hat & Gloves
- Food & Drink
- Personal 1st aid kit
- Camera

You will need to be registered for the award with Mountain Training and have filled out your online logbook (DLOG) with your experience so far. This must be done before attending the course.

If you haven't registered yet visit: <http://www.mountain-training.org/climbing/>

If you need any advice on kit prior to the course or if there's anything you don't have, please do not hesitate to get in contact.

***Jez Brown, MIA & WML***

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