

Instruction - Guiding - Coaching JB Mountain Skills Climbing - Mountaineering - Qualifications

Rock Climbing Instructor Training

You will need to be registered for the award with Mountain Training and have filled out your online logbook (DLOG) with your experience so far.

This must be done before attending the course. If you haven't registered yet visit: <u>http://</u><u>www.mountain-training.org/climbing/skills-and-awards/rock-climbing-instructor</u>

To register with Mountain Training you must meet the prerequisites they set out

- Be at least 18 years of age
- Have an interest in rock climbing
- Be an experienced climber
- Have led at least 15 trad routes, 5 sport routes and 15 indoor routes
- Be a member of a mountaineering council

Please refer to the kit list provided and if you need any advice on equipment, please get in touch.

Day 1 - Climbing wall use

Day 2 - Personal climbing, personal abseiling and top roping

Day 3 – Bottom roping, group abseiling and problem solving

The order of the days may change due to weather.

Access, conservation and group management will be ongoing topics.

The course is run in Snowdonia, based in the Llanberis area and is non residential.

We meet 1000 at Beacon Climbing Centre on day 1.

Jez Brown, MCI & WML www.jbmountainskills.co.uk jbmountainskills@gmail.com 07772 769582 Porthor, Cwm y Glo, Gwynedd, LL55 4DW





