

## **Rock Climbing Development Instructor Assessment**

You will need to be registered for the award with Mountain Training, have completed an RCDI training, or gained exemption and have filled out your online logbook (DLOG) with your experience so far. Further info: https://www.mountain-training.org/qualifications/climbing/rock-climbing-development-instructor

To attend the RCDI assessment you must meet the post training prerequisites:

- You must have logged a minimum of 10 rock climbing teaching days with students at a variety of outdoor venues.
- You must have led a minimum of 30 single pitch routes using leader placed protection in three different climbing areas at VS 4c or above and recorded them in DLOG. You may include full multi-pitch routes using leader placed protection (up to 50% of the requirement).
- You must have led a minimum of 30 sport climbs in three different climbing areas at 6a or above and recorded them in DLOG. Up to 50% of this experience can be outside the UK and Ireland.
- You must have physically attended and completed (i.e. not online) a first aid course
  which involved at least two full days or sixteen hours of instruction and included an
  element of assessment.

Please refer to the kit list provided and if you need any advice on equipment, please get in touch.

- Day 1 Trad and Sport climbing with a guiding focus
- Day 2 Trad climbing with 2 "mock clients"
- Day 3 Coaching lead climbing, sport and trad

The order of the days may change due to weather.

The course is run in Snowdonia, based near Llanberis and is non residential.

We meet 0900 at Caban Cafe, Brynrefail.

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