



Instruction - Guiding - Coaching
JB Mountain Skills
Climbing - Mountaineering - Qualifications

Advanced Scrambling Course

The aim of this course is to turn adventurous hill walkers into scramblers. We'll spend two days in the mountains spending plenty of time on scrambling terrain, helping to build your skills and confidence.

North Wales is the perfect place for this course as it offers easily accessible, brilliant graded scrambles such as the North Ridge of Tryfan and Crib Goch, as well as many others including some quieter hidden gems.

WARNING!

This course will lead you down the slippery slope of becoming an addicted mountaineer!

We will cover subjects such as:

- Route choice including guidebooks
- Route finding
- Movement techniques on scrambling terrain
- Use of the rope and climbing hardware
- Good decision making

- Mountain weather and how this effects scramblers
- Emergency procedures
- Kit choice

We normally meet 0900 at the Caban Cafe in Bryn Refail on day 1.

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