



Instruction - Guiding - Coaching
JB Mountain Skills
Climbing - Mountaineering - Qualifications

Rock Climbing Development Instructor Kit List

- Harness
- Helmet
- Rock Shoes
- Climbing Rack
- Grigri, Rig, Handled Ascender, Lanyard (if you have them)
- 50m Single Rope
- 50m Half Ropes
- 50m Static Rope
- Rucksack
- Appropriate footwear
- Waterproof jacket & trousers
- Warm layers, hat & gloves
- Food & Drink
- Personal 1st aid kit
- Note book

Jez Brown, MCI & WML

www.jbmountainskills.co.uk

jbmountainskills@gmail.com

07772 769582

Porthor, Cwm y Glo, Gwynedd, LL55 4DW

